

LGBTQ+ Fertility

Treatments and Considerations for
Building Your Family

What Is LGBTQ+ Fertility?

LGBT+ fertility is a broad term that applies to same-sex, non-binary, transgender couples that want to have a child. It includes the treatments, choices, and support that go into conceiving.



Intrauterine Insemination

Also known as artificial insemination, IUI involves using sperm from a donor known or anonymous. Women and persons with female biology can use intrauterine insemination to fertilize their own eggs.



In Vitro Fertilization

A multi-step treatment, beginning with the harvesting of healthy eggs and continuing through to embryo development and implantation.

The Four Key

Fertility Treatments

for LGBTQ+ Couples



Cryopreservation

Freezing eggs or sperm in sub-zero temperatures is known as cryopreservation. The treatment allows patients to store healthy reproductive cells for later use.



Gestational Surrogacy

With this treatment, gestational carriers, or women contracted to carry the pregnancy, help bring the baby to term. Females can use their own eggs. Males must seek an egg donor.



Your LGBTQ+ Fertility Choices

Same-Sex Male Family Building

Freezing eggs or sperm in sub-zero temperatures is known as cryopreservation. The treatment allows patients to store healthy reproductive cells for later use.

- Who will carry the baby?
- Which partner will donate sperm?
- Who will donate the egg?



Same-Sex Female Family Building

The partner carrying the baby and providing the eggs must go through mandatory fertility screening to help decide which fertility treatment is best.

- Where should the sperm come from -- a friend or donor?
- Whose eggs will be used?
- Who will carry the baby?



Transgender Family Building

In most cases, hormone therapy must be paused while pursuing fertility treatments. A combination of sperm and/or egg cryopreservation, gestational surrogacy, IVF, and IUI could be used.

- Will a partner carry the baby or a gestational carrier?
- Who must pause or altogether stop hormone therapy?
- Whose eggs and sperm will be used?

